



PREPARING YOUR ADVENTURE WITH 1STOPBORNEO WILDLIFE



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All trips are inclusive with basic accommodation with shared toilets, basic meals, conservation fees, entrance fees, transportation in Tawau, Ecologist guide, boat cruises(If applicable) , drives(if applicable). Everything basically except your drinks and flights!

There is always an added option to improve your accommodation depending on availability and other customised aspects! It's your holiday!



All our trips are conservation based. You will indulge in some of them. But we can guarantee, all the money goes to our rescue service, reforestation, education programs and so on! All the programs below are OFF THE BEATEN TRACK!





TAWAU HILLS

is a stunning primary rainforest

found in Tawau. It is filled with rich biodiversity. We have recorded 338 species of Birds, 107 species of mammals, 51 species of snakes and 84 species of frogs. Over here, you will be doing daily early morning, late afternoon and night walks to look for wildlife! Our target species will be the Red Leaf Langur, Gibbons, Hornbills, cool insects, frogs and snakes. No wildlife is guaranteed as this is not a zoo!



What does your typical day look like?

Day 1

- Arrival before or after lunch depending on your flight
- Check in to room, free and easy
- 4.30pm - Wildlife walk to look for wildlife
- Dinner
- Night walk to look for wildlife!

Day 2

- 7.00am - morning walk to look for wildlife
- 8.30am - Breakfast
- 10.00am-4.30pm - Free and easy to do the longer trails on your own
- 4.30pm - Late afternoon walk to look for wildlife!
- Dinner
- Night walk

Day 3

- Morning walk(Optional depending on your schedule)
- Trip ends

Highlights of Tawau Hills Park



Sulfur Springs

- 3.7km one way
- slow walk: 1 hour 20mins
- brisk walk: 1 hour
- swim at your own risk

The trail is mostly flat until you reach the springs. When it rains, it can get quite muddy and the spring water will be cloudy and less warm. There is also a fern forest around the sulfur springs.



Tallest Tree Trail

- 700m one way
- slow walk: 40 mins
- brisk walk: 25 mins
- former tallest tropical tree

The first 300m of the trail is on flat ground then it becomes an uphill hike all the way to the tree. There is a wooden viewing platform at the tree for you to take a break and enjoy the view.



Table Waterfall

- 5 min walk away from the entrance of the park
- has a viewing platform
- no swimming allowed

There is a recreational park before the waterfall where swimming is allowed. Lifeguards are on duty everyday. You can also picnic and camp by the river .



Galas Waterfall

- 2.4km one way
- slow walk 1 hour
- brisk walk 40 mins
- swim at your own risk

The walk starts off on flat ground for 2km. The trail can get muddy at certain areas especially after rain. There will be a section where you will have to cross a river. After that, the trail continues uphill until you reach the waterfall.



Plant4BorneoElephants

It can be on its own but usually is part of the Tawau Hills 3 night trip and depending on your schedule it might be on the first day, second or the final day!



This is the first of its kind conservation tourism program in the world where we work with plantations(Palm oil and other softwoods) and do tree planting and four wheel safaris to search for elephants. Our aim is to create a value for elephants and make them be viewed as assets!

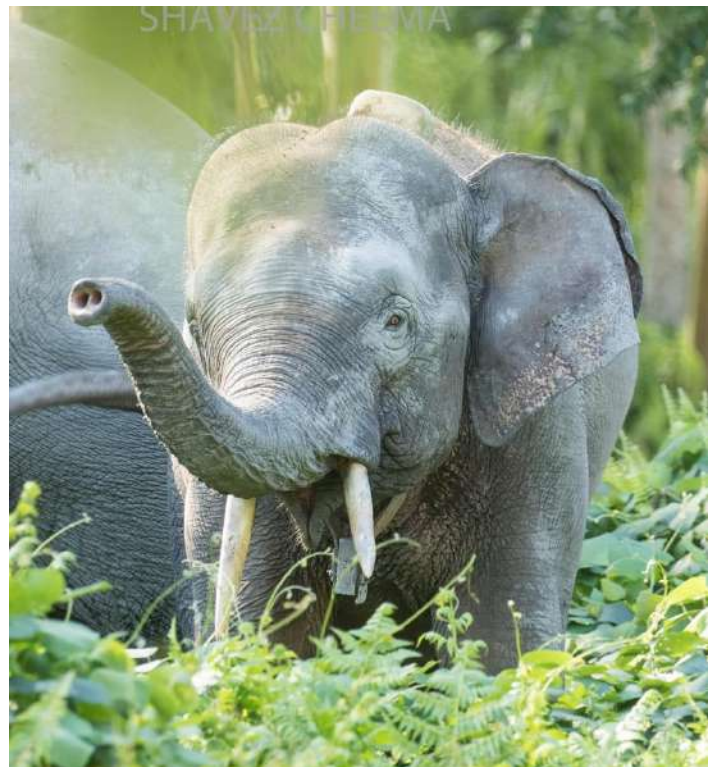
Itinerary:

Day 1

- Lunch at the park/outside.
- Head over to the plantation which is 1.5hours away
- Settle in
- 2.30pm - Head over to the conservation nursery, pick up fig trees and then plant them at the wildlife corridor.
- Continue the Four wheel safari in an effort to find Borneo Elephants
- Dinner
- Free and easy.
- Stay overnight

Day 2

- Breakfast and depart to Town/Park





Tawau Mangrove Cruise

is a boat cruise in the mangroves and bay of Tawau. Over here we do surveys on Irrawaddy Dolphins, Proboscis Monkeys and birds.

This destination is 1.5 hours from the park and or 40 minutes from the plantation. This is done with the Plant4BorneoElephants or the Tawau Hills trip. This is a morning activity where we start at 7am usually from the park or town and then head over to the plantation or park after it!

Usually the trip goes as follows:

- 7.00am - Leave Park/Plantation/Town
- 830am - Arrive at the boat/jetty
- Boat cruise to survey the wildlife of the area.
- 1130-12.00pm - Trip ends
- Head back for Lunch/Park/plantation

We would recommend doing either of the combinations below:

Day 1 - Tawau Mangrove Cruise,

Plant4BorneoElephants

Day 2 - Tawau Hills

OR

Day 1 - Tawau Hills, Plant4BorneoElephants

Day 2 - Morning boat cruise and trip ends

OR

Day 1 - Tawau Hills, Plant4BorneoElephants

Day 2 - Boat cruise and then head over the night drive place



Depending on availability and your schedule! We are just sharing some examples!



Tawau Night Safari at INIKEA

In Tawau we do two sorts of night drives. One, the cheaper option is doing a night drive around Tawau as we know two roads. This can be an add on to your experience in the Tawau Hills package. OR, we do the real deal. Inikea is a reforestation site around 2.5 hours away from Tawau. Over here we will do two night drives and a morning drive to look for wildlife! In the past we have seen Binturong, Clouded Leopard, Deers, Slow Loris, civets and hornbills. No animal is guaranteed!



SHAVEZ CHEEMA



The trip goes usually as follows:

Day 1

- Leave Tawau after lunch, and then arrive at Camp Maris by mid afternoon
- Dinner
- Night drive

Day 2

- Morning drive
- Free and easy!
- Optional Afternoon drive but it is an add on or you can do a walk with a ranger which is included
- Dinner
- Night drive

Day 3

- Optional walk/Trip ends!

Do take note that phone reception is very poor here! In Tawau Hills and other localities it is good

Usually this trip is also an add on to the trips above for example 5 nights, 3 nights Tawau Hills, Plant4BorneoElephants, Mangrove cruise and then this. Or you can do this on its own OR you can customize it as you wish!



SARAWAK: Marudi Cycling from Longhouse to Longhouse

This is where we cycle from longhouse to longhouse to experience local IBAN culture and also try new local cuisines! The idea is just to experience the lifestyle of locals in an unconventional way! Mingle and see a different part of Borneo.



Why are we doing cycling here when we do wildlife trips? We have a long term goal to create a new nature reserve thus we are aiming to create local jobs and awareness on the local nature in the long run!

This trip you can do on your own by renting a bicycle from there OR We can organize a trip where there will be an escort car

Day 1

- Arrive in Miri. Get picked up and head to Marudi.
- Pick up bicycles, and then cycle to longhouses! Gudang longhouse!
- Sunset!
- Dinner and relax
- We will be cycling around 10-12 km today

Day 2

- Will be a long day of cycle!! 25-30KM
- We will cycle through traditional graveyards, farms, and possibly do a boat ride to the end of town if the boat is available and tonight we stay in a different longhouse!

Day 3

- Trip ends



2) Mulu National Park! This place needs no introduction!

Suggested time is 4 days 3 nights. Great nature. Not the best place for wildlife but a great experience and a must visit!

The following is a suggested trip you can consider doing with us:

Ultimate Sabah

Day	Location/Activity
1	Kinabalu Park
2	Kinabalu Park
3	Trusmadi
4	Trusmadi
5	Kinabatangan
6	Kinabatangan
7	Tawau Hills
8	Tawau Hills
9	Plant4BorneoElephants
10	Mangrove Cruise and Inikea
11	Inikea
12	Semporna
13	Semporna
14	Trip ends

Ultimate Borneo

Day	Location/Activity
1	Marudi
2	Marudi
3	Mulu
4	Mulu
5	Mulu
6	Go back to Sabah, Kinabalu Park and continue the Ultimate Sabah Itinerary

Most popular TAWAU trips/ suggested trips in order:

Days	Activity
3D2N	Tawau Hills only
4D3N	Tawau Hills & Plant4BorneoElephants
4D3N	Tawau Hills, Plant4BorneoElephants, Tawau Mangrove Cruise
6D5N	Tawau Hills, Plant4BorneoElephants, Tawau Mangrove Cruise, Night Safari at Inikea

Other explorations in SABAH



THE KINABATANGAN. We usually work with local homestays over here. Over here we do daily morning and late afternoon boat cruises to see wildlife ! We think The Kinabatangan needs no introduction



The base of MT. TRUSMADI — Borneo Insect Kingdom!

It is around 1.5-2 hours from Keningau town! It is one of the best places in the world to see insects! This is a wonderful new site for wildlife/nature lovers to immerse themselves in nature.

Recommended time: 3 days 2 nights



MT KINABALU (Main HQ and Sayap Substation).

This is a trip not to climb the mountain but to find wildlife around the mountain! We will do night walks and day walks to look for wildlife such as birds, snakes and insects

Usually the trip goes as follows:

Day 1

- We drive to Sayap Village(back entrance of Mt Kinabalu) which is 2.5 hours away from KK, Sabah
- Stay at a homestay with Miss Jurinah.
- Night walk at the station

Day 2

- Walk around the village/optional
- Drive to Mt Kinabalu main entrance which is 1.5 -2 hours away
- Walks to look for wildlife

Recommended time: 3 days 2 nights



MT LUCIA TAWAU ADVENTURE

Day 1

- arrive at Tawau Hills Park
- evening walk
- dinner
- night walk

Day 2

- depart for Mt Lucia from Tawau hills park HQ. 10.5km walk to Mt Lucia Lodge
- arrival around 3pm, relax in the evening at the lodge
- dinner
- night walk

Day 3

- early morning walk to look for wildlife
- evening walk to look for wildlife
- dinner
- night walk

Day 4

- breakfast
- head back to tawau hills park
- dinner
- night walk

Day 5

- morning walk (optional)
- breakfast
- trip ends

Accommodation



Hostel at Tawau Hills Park



Room with air conditioning

Basic amenities provided:

- towels
- blankets
- power socket (type G, 3 pin, 240V, European or Australian type)



Room without air conditioning

Basic amenities provided:

- blankets
- power socket (type G, 3 pin, 240V, European or Australian type)



Shared shower and toilets

- hot showers not available
- men and women have separate toilets and bathrooms

Accommodation



Chalet at Tawau Hills Park



amenities included:

- towels
- blankets
- power socket (type G, 3 pin, 240V, European or Australian type)
- fan, air conditioning
- kitchenette
- filtered water (hot water from dispenser provided)
- mini fridge
- basic utensils
- living area



Meals at tawau hills park canteen:

- Bakso
- Nasi Kuning
- Ayam Penyet
- Dishes with rice (eg. local leafy vegetables, chicken)

*Please let us know if you have any food allergies or special dietary needs so we can prepare beforehand

Accommodation



Mt. Lucia Lodge

- hot showers not available
- men and women have separate toilets and bathrooms



Plant4Borneo Elephants

amenities included:

- kitchenette
- fridge
- living area
- power socket (type G, 3 pin, 240V, European or Australian type)
- bar soap
- blankets
- towels
- shared bathrooms
- hot showers in some rooms available



Inikea Lodge

- hot showers not available
- men and women have separate toilets and bathrooms
- outdoor covered accommodation with mosquito netting



Amenities



Water Dispenser



Fridge



Utensils

Equipment

free to borrow on a first come, first served basis



Torchlights



Binoculars



DOs

- Enjoy your trip
- Bring your spirit!
- Bring your passion!
- Spread the word
- Bring your own medication
- Wear suitable clothes

DON'Ts

- Give food to wildlife
- Make too much noise
- Touch animals
- Strictly No nudity
- Do not litter
- Get drunk

Things to Note

- Celcom and Maxis generally have good signal at Tawau Hills Park
- Electricity is available 24/7
- We do suggest you bring your own binoculars and torchlights, however you can also borrow from us without charge
- Leech socks (RM25) and Adidas Kampung (RM10-15) are available for sale at the park souvenir shop
- Alcohol is available to be purchased on site based on availability
- You can hand wash your laundry at Tawau Hills Park but the weather here is damp as it rains a lot so it will take time to dry

Transportation



van



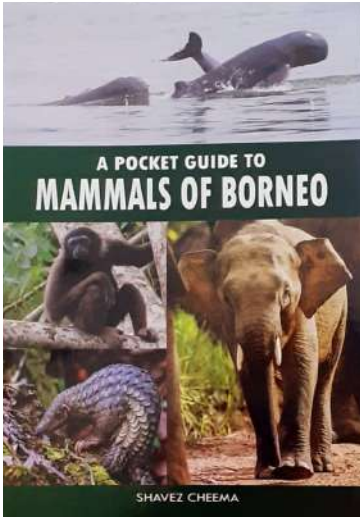
double cab



sedan

Field Guides

These are 3 field guides we have published over the years. They can be read at the lodge and also purchased as well.



A Pocket Guide to Mammals of Borneo

A photographic field book designed and created for scientists, mammal-watchers, photographers, students and any nature-lover.

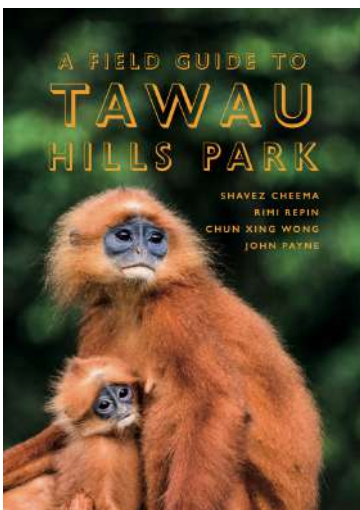
This book provides:

- 185 mammal species of over 240 mammal species on Borneo
- All wild cat and civet species, and 63 bats and 48 rodent species
- Marine mammals also included!



ARA Magazine

The first magazine in Borneo which focuses on wildlife conservation. Learn more about the amazing work being carried out on the ground by dynamic organisations from Sabah, Brunei Darussalam, Sarawak and Kalimantan.



A Field Guide to Tawau Hills Park

Intended for first-time visitors, experienced trekkers, and scientists alike—This guide is the culmination of years of research carried out by Sabah Parks and its partner institutions, non-governmental organisations (NGOs), and interested visitors and photographers.

Frequently Asked Questions

How to get here?

Transport to the wildlife destinations is included in our travel package

What is the climate like?

The average temperature during the day is 30 and the average temperature during the night is 25. The humidity is around 80% and there is a chance of rain everyday.

When is the best time to travel?

Climate is similar all year round so you can come anytime of the year.

What should I wear?

Depending on the activity, it is advisable to wear long sleeves and long pants for jungle trekking as well as long socks and comfortable shoes. Preferably leech socks and waterproof shoes with good grip. For safaris and cruises, you can bring along hats, sunglasses and anything comfortable.

Do I need to be fit?

Our activities are fairly easy for most people. If you have any health conditions do inform us beforehand. Mt Lucia is a 10.5km adventure and needs reasonable fitness.

Frequently Asked Questions

What language are the tours conducted in?

Tours are mainly conducted in English. Other languages can be arranged upon request in advance.

Can I smoke?

You can smoke in designated areas. Smoking is not allowed inside the accommodation and dining areas.

Is there drinking water?

Drinking Water is provided. You can refill your water bottle at our facilities.

Is there WIFI?

We do not provide wifi. There is signal at the park so you can purchase a sim card with mobile data. We recommend using either Maxis or Celcom.

FOR MORE ENQUIRIES, PLEASE CONTACT:

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Facebook | [1StopBorneo Wildlife](#)

Facebook | [Borneo Mammal Club](#)

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